



# Instruction

## Open Danish Championship & World Cup Mass Start - Sunday



Time schedule:

- 8.30: Event centre open – arrival of teams
- 8.30-10.00: Adjustment shooting
- 10.00: Demonstration on the shooting range
- 10.30-10.40: 1<sup>st</sup> start
- 10.30-13.30: Competition ongoing
- 13.30: Prize giving ceremony

Distances

- Parking – Assembly area: 800m
- Assembly area – Shooting range: 100m
- Shooting range – Start: 50m

Competition sequence

For all classes there are 4 orienteering loops and 4 shooting sessions. 2 shootings are prone and 2 are standing. Each shooting is with 5 rounds, doing penalty loops straight after for each miss. The sequence is as follows:

Start → Orienteering 1. loop → Prone shooting (+ penalty loops) → Orienteering 2. loop → Prone shooting (+ penalty loops) → Orienteering 3. loop → Standing shooting (+ penalty loops) → Orienteering 4. loop → Standing shooting (+ penalty loops) → Finish line.

A demonstration of the competition procedures on and around the shooting range will take place immediately after adjustment shooting.

Embargoed Areas

Marked route from parking area to assembly area must be followed. See info-board regarding embargoed areas at the assembly/shooting areas.

Maps

Stenderup, scale: 1:10.000, contour interval: 2,5 m, updated 2017. The map is printed on waterproof paper.

All 4 loops are printed on the same paper but as 4 individual maps.

### In general

Special features on the maps:

- × Treeroot, height > 3 meter
- Significant tree/bush
- ~ Track, difficult to use
- ~ Track, easy to use

Tracks difficult to use have a green colour underneath. The track is usually significant in the terrain, but slow to use due to poor condition, for example undergrowth or very muddy.

Impassable vegetation (IOF no. 411) comprehend trees and in some cases undergrowth or clusters of storm fallen trees.

- Toilets Toilets are available at the assembly area, but not in the start area.
- Tents Teams can put up their own tents at the assembly area. There are no tents available at the start.
- Time system SportIdent is used for punching.  
In case of queueing at the shooting range a *wait-start* unit and *wait-end* unit must be punched. *Some classes will need a high capacity SI card. Please see the updated starting list at the info-board. Competitors who will receive an SI-card at the start are **highlighted**.*
- Number bibs For all participants, self-service at the Info board. Please re-use your safety pins given on Saturday
- Refreshments Water will be available at the start of each loop and at the finish.
- Classes The schedule below shows the distances and controls for each class.

Classes	Total length all 4 loops	Total controls
M21	10,3 km	40
M20	9,3 km	37
W21	7,9 km	33
M40	7,9 km	33
M45	7,9 km	33
W20	5,7 km	27
M16	5,7 km	27
M50	5,7 km	27
W45	4,4 km	20
M55	4,4 km	20
M60	4,4 km	20
W50	4,1 km	22
M65	4,1 km	22
Intro 1	4,1 km	22
W14	3,9 km	20
M14	3,9 km	20
W12	2,8 km	17
M12	2,8 km	17

The length of each of the 4 loops varies.

- Control description Control description is printed on the front page of the map. It is split up with each relevant part placed according to each relevant loop. There are no separate control description.
- Start procedure The start will take place in 3 blocks as follows:  
10.30: W20-W21-M16-M40-M45-M50  
10.35: W14-M14-M21  
10.40: W12-W45-W50-M12-M20-M55-M60-M65-Intro 1

The runners will be called up 4 minutes before start. At the entrance to the start there will be Clear & Check units, the SI card will be visually checked, and SI handed out for rentals. Runners will be lined up at their respective map, and the race starts after count down.

## Shooting procedure

When runners arrive from an orienteering loop, they pick up their weapon from the weapon point, bring it to the shooting line and get in the correct position. After having shot 5 rounds the runners continues and deliver the weapon back to the weapon point. In case of any misses the runner then proceed on to the penalty loop and do the accordingly number of loops before proceeding to the start. In case of no misses, the runner proceeds directly from the weapon point to the start. After the fourth shooting the runners go to the finish line.

In total there are 4 shootings. The first two are in prone position and the last two are in standing position.

In case of all shooting lanes being occupied, incoming runners will be told to queue up by the organizers. In that case two SI-units must be punched. One when arriving and one when proceeding. This will allow a time withdrawal of the waiting time.

## Exceptions

**Intro class:** Only prone shooting at large targets. Support is allowed.

**M/W12:** Only prone shooting at large targets. Support is allowed.

**M/W14:** Only prone shooting at small targets. Support is allowed.

**Classes M/W16:** Only prone shooting at small/large targets.

Intro/MW12-14 may be supported by coach.

## Adjustment shooting:

Allocation of shooting ranges:

Range 1: Germany & Czech Republic

Range 2-6: Finland & Sweden

Range 7-10: Denmark & Belgium & United Kingdom

## Safety



For safety reasons, when moving with weapons, it is important that the runners carry them with a hand on the barrel so that the barrel is pointing straight upwards.

Safety Look must be used when not shooting the weapon.

